



**RURAL  
SUPPORT  
PARTNERS**

# NCIOM Annual Meeting 2016

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# Rural Support Partners



- Vision
  - We envision an Appalachia made up of resilient economies, equitable systems, thriving communities, and healthy people.
- Purpose
  - We work hand-in-hand with rural leaders, organizations, and networks across systems and sectors to create transformative change in Appalachia's communities.



# Our Focus

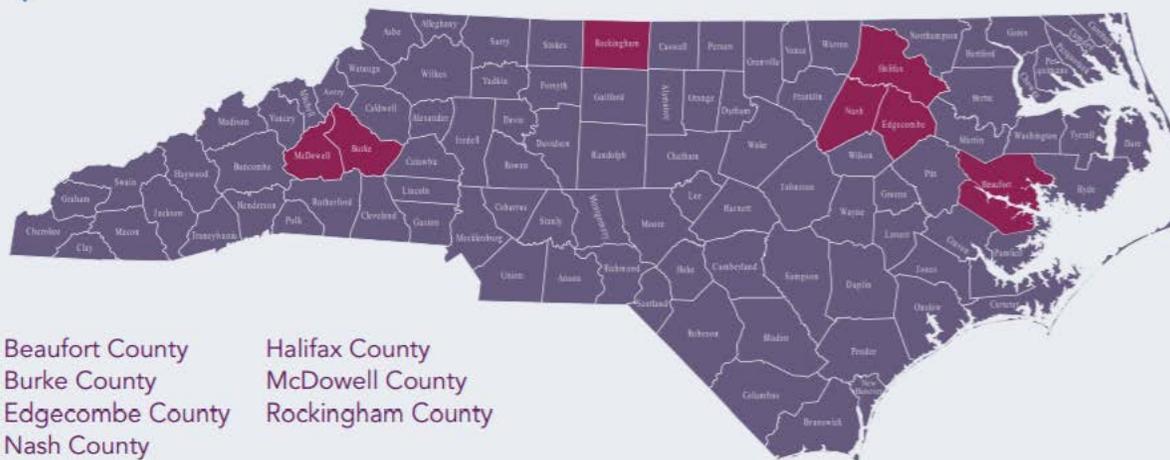
- Regionally in Central Appalachia
- North Carolina community based with Healthy Places NC



# Healthy Places NC

## HEALTHY PLACES COUNTIES

Three to five counties will be added in coming years.

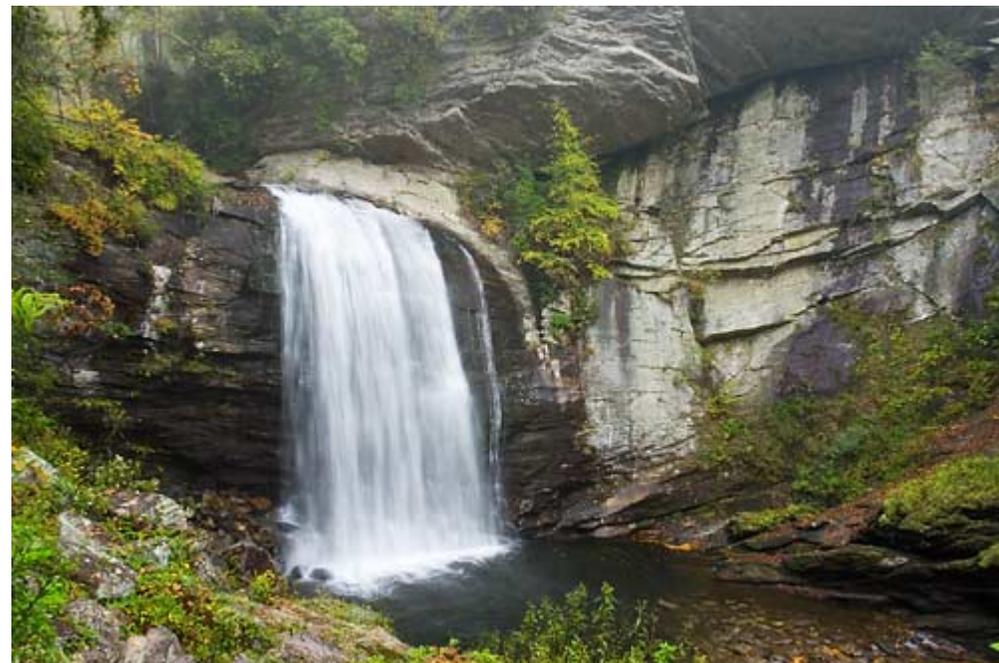


*Kate B. Reynolds' vision for the Trust was to protect and improve the lives of those who needed help most — vulnerable populations, the underserved, and the economically disadvantaged. We invest where we believe we can make the greatest difference today and in the future. Healthy Places NC works to achieve Mrs. Reynolds' vision.*



# Healthy Places NC - McDowell

1. Start with what people know
2. Look for patterns
3. Add new information
4. Make a plan
5. Take action



# Root Causes of Poor Health

## Root Cause



1. Lack of jobs
2. Lack of services - social determinants of health
3. Lack of mentorship
4. Lack of leadership

## Implementation Goal

1. All McDowell community members are fully employed in living wage jobs.
2. All McDowell community members are exposed to opportunities and have access to tools and environments to help them thrive.
3. All McDowell community members have the mentorship and community support to find their purpose, succeed in life, and have secure livelihoods.
4. Strong and diverse leaders exist at all levels in the McDowell community.



# Children's Extended Learning & Health



# What we've learned along the way.

- Trusting relationships are critical
- Small investments go a long way
- Slow and patient funds needed
- Capacity supports vary drastically
- Collaboration is critical
- Common, shared analysis is key



# Thank you!

## Resources

- <http://www.ruralsupportpartners.com>
- <http://www.healthyplacesnc.com>
- <http://www.appalachiafunders.org/>
- <http://www.cannetwork.org/>

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