

Child and Adult Care Food Program

Regulation Panel
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Child and Adult Care Food Program

- Reimburses institutions that serve **nutritious** meals and snacks
- **Physical activity** complements healthy eating patterns
- **Role modeling** healthy lifestyle habits is an important component of child care

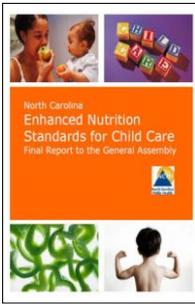


CACFP | Nutrition Services Branch |
Division of Public Health, NC DHHS |

Nutrition Standards for Child Care

- Provide healthy foods and beverages for meals and snacks
 - Comply with meal patterns
 - Increase whole grains
 - Limit foods high in fat and salt
 - Do not serve sweetened beverages

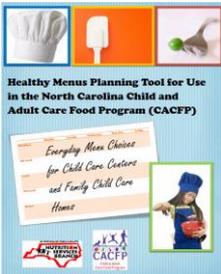




North Carolina's Report:

- Submitted best practice nutrition standards for North Carolina to General Assembly December 2010
- Standards were targeted to benefit **all** NC child care centers (not just CACFP)
- Report recommends phased approach for implementing healthier nutrition standards

After submitting this report to the General Assembly, work began on revising the **Crediting Foods Guide**.



•NC Healthy Menus Planning Toolkit

- Created to help child care providers meet the recommended NC standards.

Creditable foods are shown on tables in each food component section.

<http://www.nutritionnc.com/snp/resource.htm>



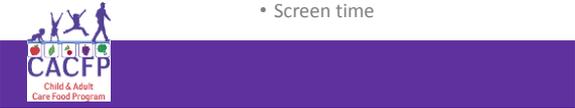
• **Nutrition and Physical Activity Self Assessment for Child Care**

– Topics include:

- Breastfeeding and infant feeding
- Child nutrition
- Infant and child physical activity
- Outdoor play and learning
- Screen time

Evaluating Role Modeling

NAP SACC



Who can participate in CACFP at the local level?

Child Care Centers	Family Day Care Homes (child)	Adult Day Care Centers
Outside School Hours Care Centers	At-risk Afterschool Programs	Homeless/ Emergency Shelters



Participant Eligibility

CACFP serves nutritious meals and snacks to children and adult who attend eligible day care programs

Children	Adult
<ul style="list-style-type: none"> a) Persons age 12 and under; b) Persons age 15 and under who are children of migrant workers; c) Persons of any age who have one or more disabilities, as determined by the State, and who are enrolled in an institution or child care facility serving a majority of persons who are age 18 and under; d) For emergency shelters, persons age 18 and under; and e) For at-risk afterschool care centers, persons age 18 and under at the start of the school year 	<p>A person enrolled in an adult day care center who is functionally impaired... or 60 years of age or older</p>



www.fns.usda.gov/cacfp/why-cacfp-important

North Carolina

- Federal Fiscal Year 2014
 - Average Daily Attendance: 119,810
 - Total Number of Meals Served: 67,692,258
 - Total Reimbursement Distributed: \$83,757,658



North Carolina

Currently

- 726 participating institutions
 - 1886 Day Care Homes
 - 1940 Child Care Centers
 - 55 Adult Day Care Centers
- Serving over 5 million meals per month



Thank You