



Clinical Transformation Panel
NCIOM 2014 Annual Meeting
October 17, 2014
Cary, NC

Bonnie Britton, MSN, RN, ATAF
Executive Director, Bonnie Britton Solutions
MATRC Board Advisor and Consultant

What is Remote Patient Monitoring?

Biometric data collection

- Blood pressure

- Pulse

- Weight

- Oxygen level

- Blood sugar level

Subjective data collection & nurse assessment

- Patient education

- Patient engagement

Why Remote Patient Monitoring?

Increases access to care

Right care at the right location at the right time

Engages patients to SEE FEEL CHANGE

Reduces health care costs

Shortens hospital length of stay

Avoids Emergency Department visits

Reduces Hospitalizations

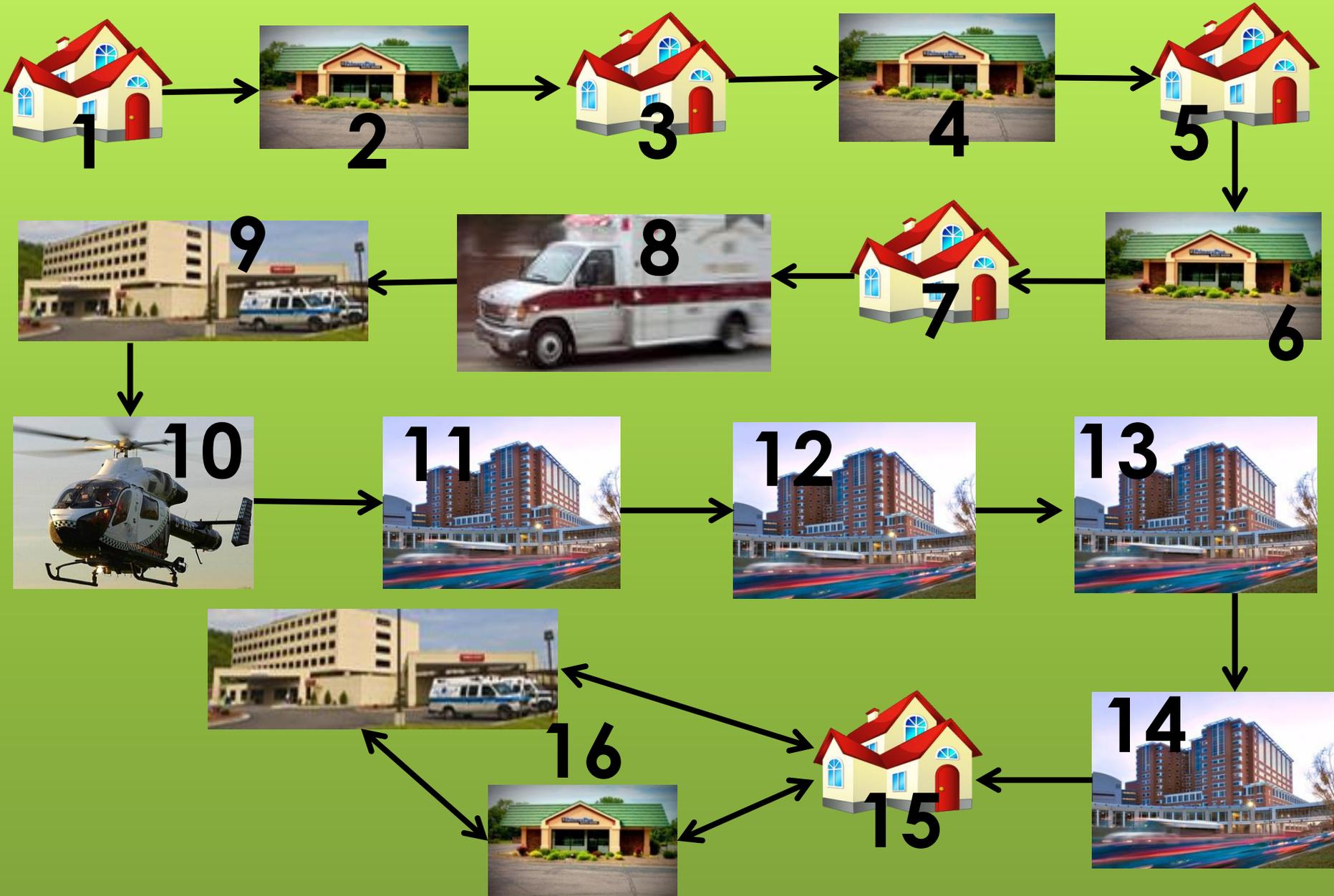
Increases quality of care coordination

HOPEFULLY BREAK THE “WILD RIDE”

DOE'S



The Whole Wild Ride...





Don't remember much of d/c instructions
Patient feels good & returns to "life as normal"
Confused with new & old medications
Becomes more immobile
Becomes more depressed
Doesn't schedule Cardiology appointment

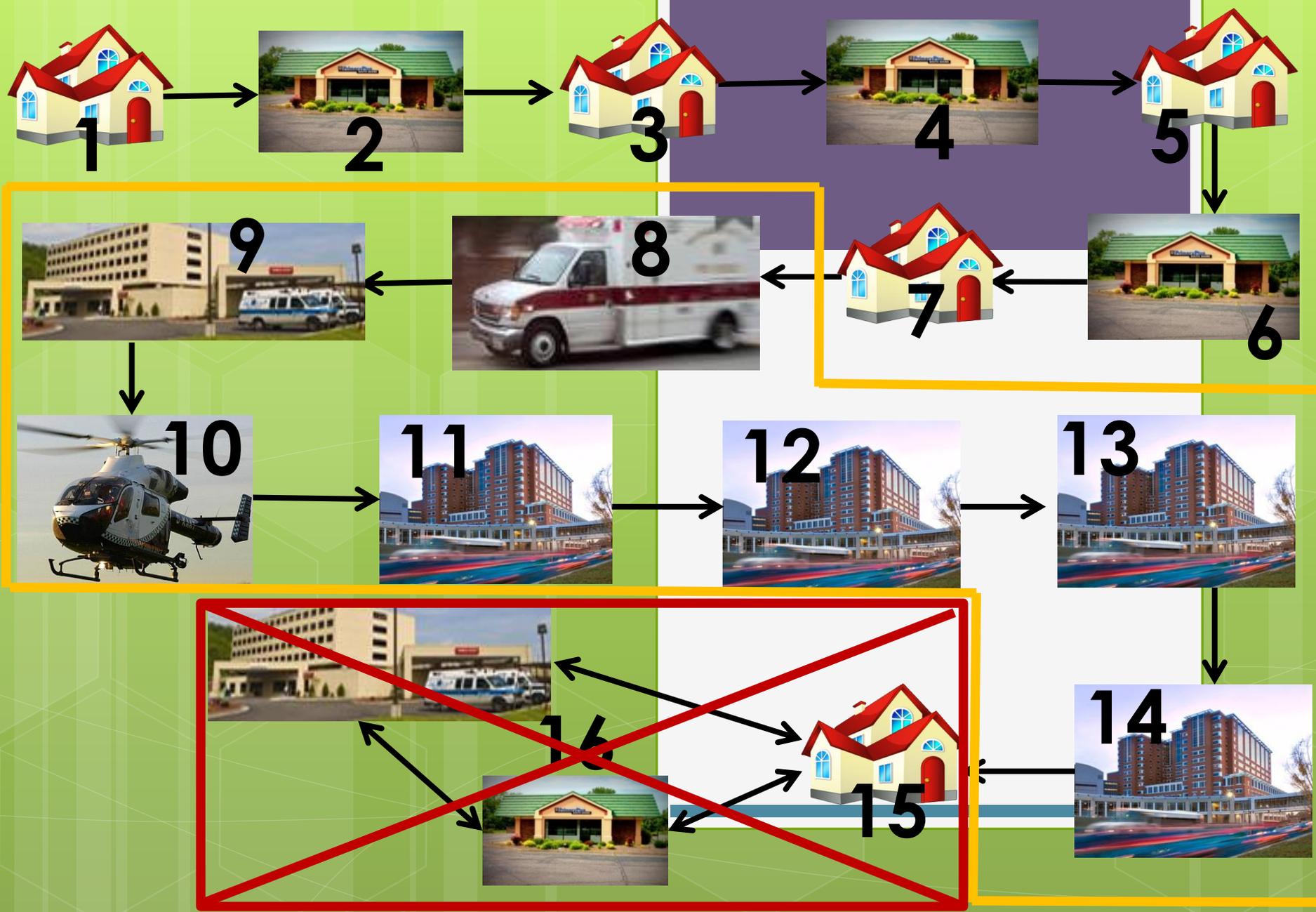
Mr. Doe's Outcomes

No change in life style

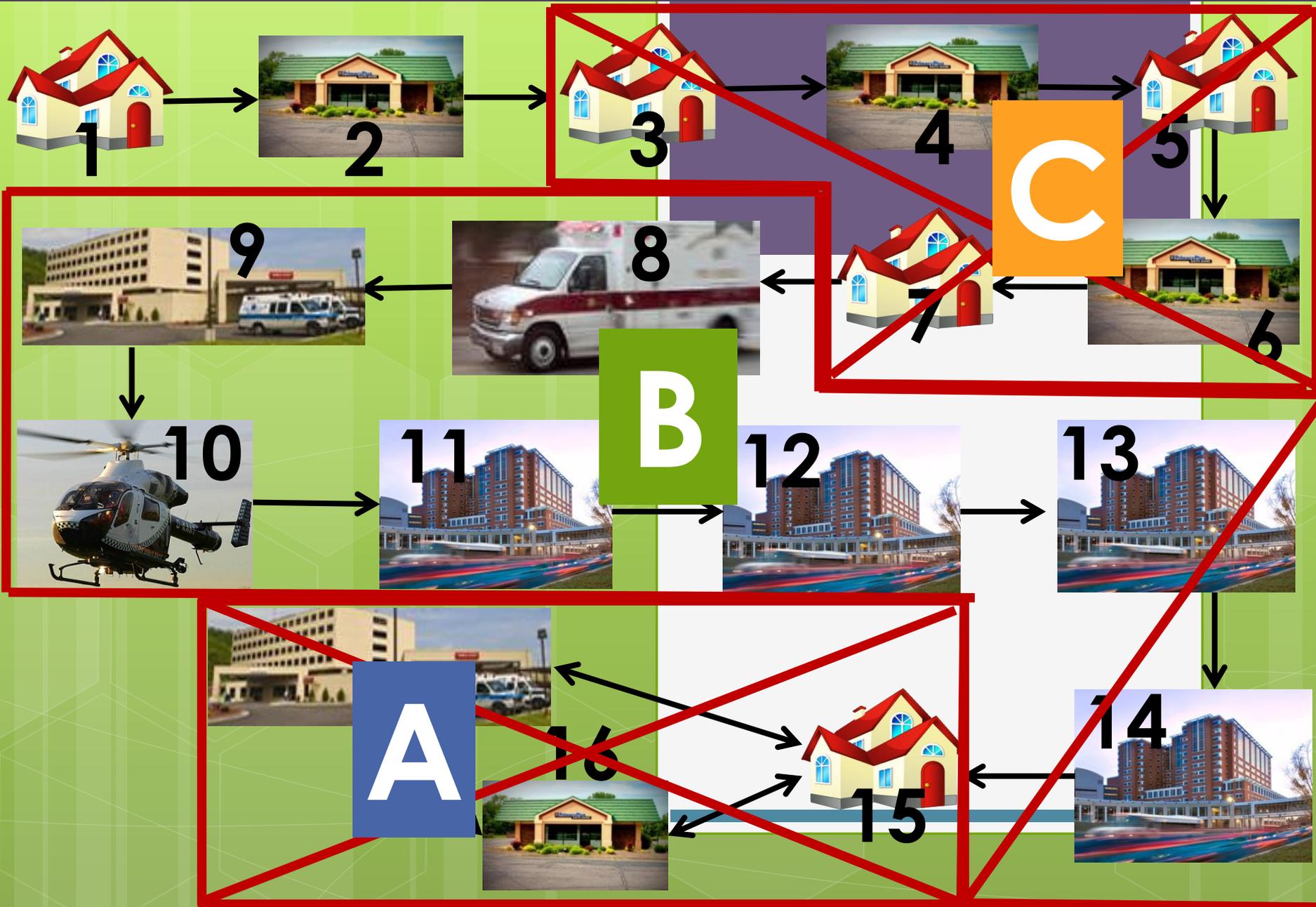
Non-compliant with meds and diet

Non-ending cycle of the "Wild Ride"

Mr. Doe's Return Home from the hospital with Remote Patient Monitoring



Mr. Doe's Remote Patient Monitoring in Primary Care



Remote Monitoring Referral

RPM Installation, Education, Med. Reconciliation

Daily self collection of weight, BP, HR, O2 & BS levels

Data review by a RN

All alerts receive telephonic assessment, education and coaching

Alert escalation to Primary Care Physician & or Specialist

Mr. Doe's Outcomes

Day 1- 4 lb. weight gain, SOB, edema

RN contacts PCP for medication change

Avoids ER visit

Patient Benefits

Engaged in own care

SEE FEEL CHANGE

Complaint

Avoided future ER visits & Hospitalizations



Bonnie Britton

BBritton@reconnect4health.com

252-287-6666