

Pyramid for Strengthening Early Childhood Mental Health and Social Emotional Competence in Young Children

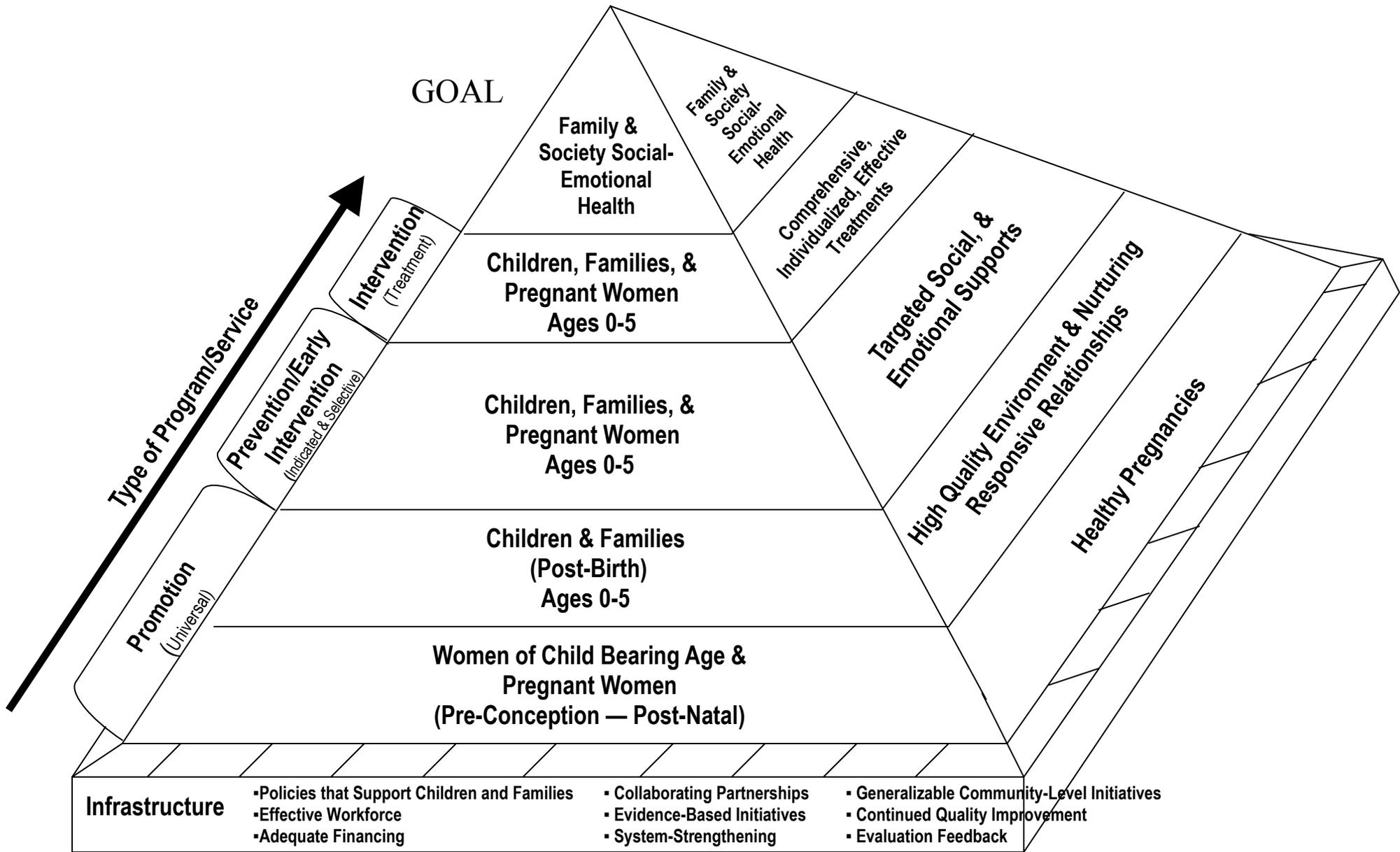


Figure 1: This pyramid model conceptualizes the critical building blocks for achieving healthy mothers and healthy children. The front face of the pyramid explains the individuals and families who receive programs and services, which are divided up by the following categories: promotion, prevention, and intervention. The pyramid's side face lists the goals associated with the program/service recipient(s). These are further divided according to the socioecological model of health behavior. The foundation of the pyramid represents the necessary system-building blocks. This model is further explained in a more detailed table on the following page.