



**North Carolina Institute of Medicine
Healthy NC 2020: Social Determinants of Health Subcommittee Meeting
Thursday, April 15, 2010**

Subcommittee Members and Interested Persons Present: Betty Alexander, Missy Brayboy, Jessica Gavett, George Hill, Rebekah King, Debbie Mason, Lynne Mitchell, Debi Nelson, J. Nelson-Weaver, Tammy Norville, Meka Sales, Willard Tanner, Louisa Warren, Alexander White, Matt Womble

NCIOM Staff and Interns: Pam Silberman, Mark Holmes, Jennifer Hastings, Kimberly Alexander-Bratcher, Catherine Liao

Methodology for Setting Objectives and Targets

In developing objectives and targets for each focus area, subcommittees should work to propose three objectives and select one objective that can be considered a "summary indicator" for their particular focus area; propose scientifically-derived targets that can be aspirational but realistic and measurable in 10 years; and consider objectives that are available at the county-level and for race/ethnicity, gender, and age.

Draft Social Determinants of Health Objectives

The Social Determinants of Health Subcommittee proposed the following draft objectives:

- 1. Housing**
 - a. Reduce the percent of people spending more than 35% of their income on housing
 - b. Reduce the percent of households with multiple families living in one home
- 2. Poverty**
 - a. Reduce the percent of households living in poverty
- 3. Access**
 - a. Increase the percent of adults receiving routine check-ups (a routine checkup is a general physical exam, not an exam for a specific injury, illness, or condition)
 - b. Increase the percent of students who last saw a doctor or nurse for a check-up or physical exam when they were not sick or injured during the past 12 months
- 4. Food Insecurity**
 - a. Reduce food insecurity in the general population
 - b. Reduce food insecurity among children
 - c. Decrease the number of zip codes/counties without access to healthy food outlets
- 5. Education**
 - a. Increase the graduation rate

Next Steps

The NCIOM is working with the North Carolina Department of Public Instruction, the North Carolina Justice Center, and the North Carolina Housing Finance Agency to compile data for the above education- and housing-related measures. The NCIOM will investigate the data available for the above health access, poverty, and food insecurity measures. In addition, the NCIOM will learn more about whether the graduation rate data should be based on a 4- or 5-year cohort, or if it should be a compiled measure of individuals who earn diplomas and individuals who earn GEDs.

At the second meeting, subcommittee members will further discuss the proposed objectives, select the final three objectives including the summary indicator, and set targets for each.