



**North Carolina Institute of Medicine
Healthy NC 2020: Substance Abuse Subcommittee Meeting
Monday, March 22, 2010**

Subcommittee Members Present: Matt Avery, Sheila Davies, Laura Edwards, Michael Eisen, Anne Hardison, Joseph Martinez, Debi Nelson, Tanya Paul, Tanya Roberts, Flo Stein, Anne Thomas

NCIOM Staff and Interns: Pam Silberman, Mark Holmes, Catherine Liao, Lindsey Haynes

Methodology for Setting Objectives and Targets

In developing objectives and targets for each focus area, subcommittees should work to propose three objectives and select one objective that can be considered a "summary indicator" for their particular focus area; propose scientifically-derived targets that can be aspirational but realistic and measurable in 10 years; and consider objectives that are available at the county-level and for race/ethnicity, gender, and age.

Draft Substance Abuse Objectives

The Substance Abuse Subcommittee proposed the following draft objectives:

1. Percentage of high school students who had at least one drink of alcohol on one or more of the past 30 days (Youth Risk Behavior Survey)
2. Rate of alcohol-related traffic crashes
3. Rate of any drug use (two possibilities – need to learn more about data availability for these two possibilities)
 - a. Youth Risk Behavior Survey for youth
 - b. National Survey on Drug Use and Health (NSDUH) for ages 12+

Next Steps

The NCIOM is working with the Division of Public Health (DPH) to compile data for substance abuse-related measures. Specifically, DPH will check with RTI about the ability to use sub-state measures for NSDUH. The NCIOM will look into availability on alcohol-related traffic crashes.

At the second meeting, subcommittee members will further discuss the proposed objectives, select the final three objectives including the summary indicator, and set targets.