

# The North Carolina Metamorphosis Project

The overall goal of the North Carolina Metamorphosis Project is to improve adolescent health, health care, life-long trajectories of health, and transitions to adulthood in North Carolina. We aim to increase awareness of the unmet health needs of the 1.4 million North Carolinians between 10 and 20 years of age, and to produce and implement evidence-based recommendations to improve policy, services and programs to address high-priority health needs of this age group between 2010 and 2020.

## The North Carolina Metamorphosis Project

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To make a tax-deductible contribution, contact Dr. Ford or mail a check to the above address.

The North Carolina Metamorphosis Project is an activity of the NC Multidisciplinary Adolescent Research Consortium and Coalition for Health.

**NC MARCH**

NC Multi-disciplinary Adolescent Research Consortium & Coalition for Health

## The North Carolina Adolescent Health Summit Sponsors

The Duke Endowment  
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Youth Empowered Solutions



THE UNIVERSITY  
of NORTH CAROLINA  
at CHAPEL HILL



# The North Carolina Adolescent Health Summit

December 15, 2009  
The Carolina Inn  
Chapel Hill



The North Carolina Metamorphosis Project would like to thank The Duke Endowment for their support.



## The North Carolina Adolescent Health Summit Agenda

8:30 am Sign in / Continental Breakfast

9:15 am Welcome

*Dave Tayloe, Jr., MD, FAAP  
Immediate Past-President  
American Academy of Pediatrics*

9:20 am Introductions / Agenda

*Carol A. Ford, MD  
UNC-Chapel Hill*

9:30 am Keynote Speaker

*Michael Resnick, PhD  
Director, Healthy Youth Development  
Prevention Research Center  
University of Minnesota*

10:30 am The Current State of Adolescent Health in North Carolina

*Carol A. Ford, MD  
UNC-Chapel Hill*

11:00 am North Carolina Institute of Medicine Adolescent Health Task Force Report

*Pam Silberman, JD, DrPH  
President and CEO  
North Carolina Institute of Medicine*

11:30 am- Lunch Buffet

1:00 pm

12:10 pm Reflections from Task Force Co-Chair

*Howard N. Lee  
Executive Director  
NC Education Cabinet  
NC Office of the Governor*

12:15 pm Reflections from Task Force Co-Chair

*Steve Cline, DDS, MPH  
Deputy State Health Director  
NC Department of Health and  
Human Services*

12:20 pm Guest Speaker

*Lanier M. Cansler, CPA  
Secretary  
NC Department of Health and  
Human Services*

12:30 pm Introduction of Youth Keynote Speaker

*Bronwyn Lucas, MPH  
Executive Director  
Youth Empowered Solutions*

12:35 pm Youth Keynote Speaker

*Joey Green  
Youth Empowered Solutions*

1:00 pm Move to Breakout Session Rooms

1:15 pm Strategy Building to Improve Adolescent Health - Breakout Sessions

- *Family/Community-Based Strategies  
South Parlor*
- *Clinical/Health Care-Based Strategies  
Chancellor's Ballroom East*
- *Policy-Based Strategies  
North Parlor*
- *School-Based Strategies  
Chancellor's Ballroom West*

2:30 pm Break

2:45 pm Strategy Building Session Reports

3:00 pm Can We Get There?

Implementing the North Carolina Institute of Medicine Adolescent Health Task Force Recommendations

*Moderator: Michael Resnick, PhD*

*Panel Members*

*June Atkinson, EdD*

*State Superintendent*

*NC Department of Public Instruction*

*Jeffrey Engel, MD*

*State Health Director*

*NC Department of Health and  
Human Services*

*Representative Susan Fisher*

*NC General Assembly*

*Senator William Purcell, MD*

*NC General Assembly*

*Meka Sales*

*Program Officer*

*The Duke Endowment*

4:15 pm Next Steps / Wrap Up

*Carol A. Ford, MD*

*UNC-Chapel Hill*

4:30 pm- Reception Celebrating Youth Voices

5:30 pm The 2009 NC Metamorphosis Awards  
*Chancellor's Ballroom*