



**North Carolina Institute of Medicine
Healthy NC 2020: Mental Health Subcommittee Meeting
Thursday, March 25, 2010**

Subcommittee Members Present: Marisa Domino, Maria Fernandez, Lisa Harrison, Anne Marie Lester, Kathy McGaha, Joe Morrissey, Debi Nelson, Susan Robinson, Joel Rousch, Dorothee Schmid, Chris Szwagiel, John Tote

NCIOM Staff and Interns: Pam Silberman, Mark Holmes, Jennifer Hastings, Catherine Liao, Paul Mandsager

Methodology for Setting Objectives and Targets

In developing objectives and targets for each focus area, subcommittees should work to propose three objectives and select one objective that can be considered a "summary indicator" for their particular focus area; propose scientifically-derived targets that can be aspirational but realistic and measurable in 10 years; and consider objectives that are available at the county-level and for race/ethnicity, gender, and age.

Draft Mental Health Objectives

The Mental Health Subcommittee proposed the following draft objectives:

1. Percentage of children and adults with mental illness receiving treatment that receive treatment consistent with present guidelines (Medicaid claims data)
2. Percentage of children and adults with mental illness who need treatment that receive it (National Survey on Drug Use and Health)
3. Suicide mortality rate
4. Average number of poor mental health days (adults only from Behavioral Risk Factor Surveillance System)
5. Percentage of North Carolinians age 12 and older with mental health problems (National Survey on Drug Use and Health) (or, more generally, some measure of "prevalence" from the NSDUH)

Next Steps

The NCIOM is investigating feasibility of these measures and will be working with the State Center for Health Statistics to compile data for mental health-related measures. At the second meeting, subcommittee members will further discuss the proposed objectives, select the final three objectives including the summary indicator, and set targets.