



Adolescent Health Task Force

*North Carolina Institute of Medicine
Morrisville, NC*

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ICARE is working to:

Develop an environment that will allow providers to treat the mind and body of patients by making care

- **I** NTEGRATED
- **C** OLLABORATIVE
- **A** CCESSIBLE
- **R** ESPECTFUL
- **E** VIDENCE-BASED

The Vision

- In North Carolina, there is a culture that ensures collaboration in patient centered care.

The Goals

1. All health professionals have the skills to screen, identify needs and appropriately treat or refer their patients
2. Every health care professional has a system of communicating and collaborating with other professionals in their community to provide patient care

Who we are?

A collaborative group of agencies dedicated to the medical and mental health well being of North Carolinians: IMPLEMENTATION PARTNERS

- NC Foundation for Advanced Health Programs
- NC Academy of Family Physicians
- NC Pediatric Society
- NC Psychiatric Society
- Southern Regional AHEC
- The Sheps Center

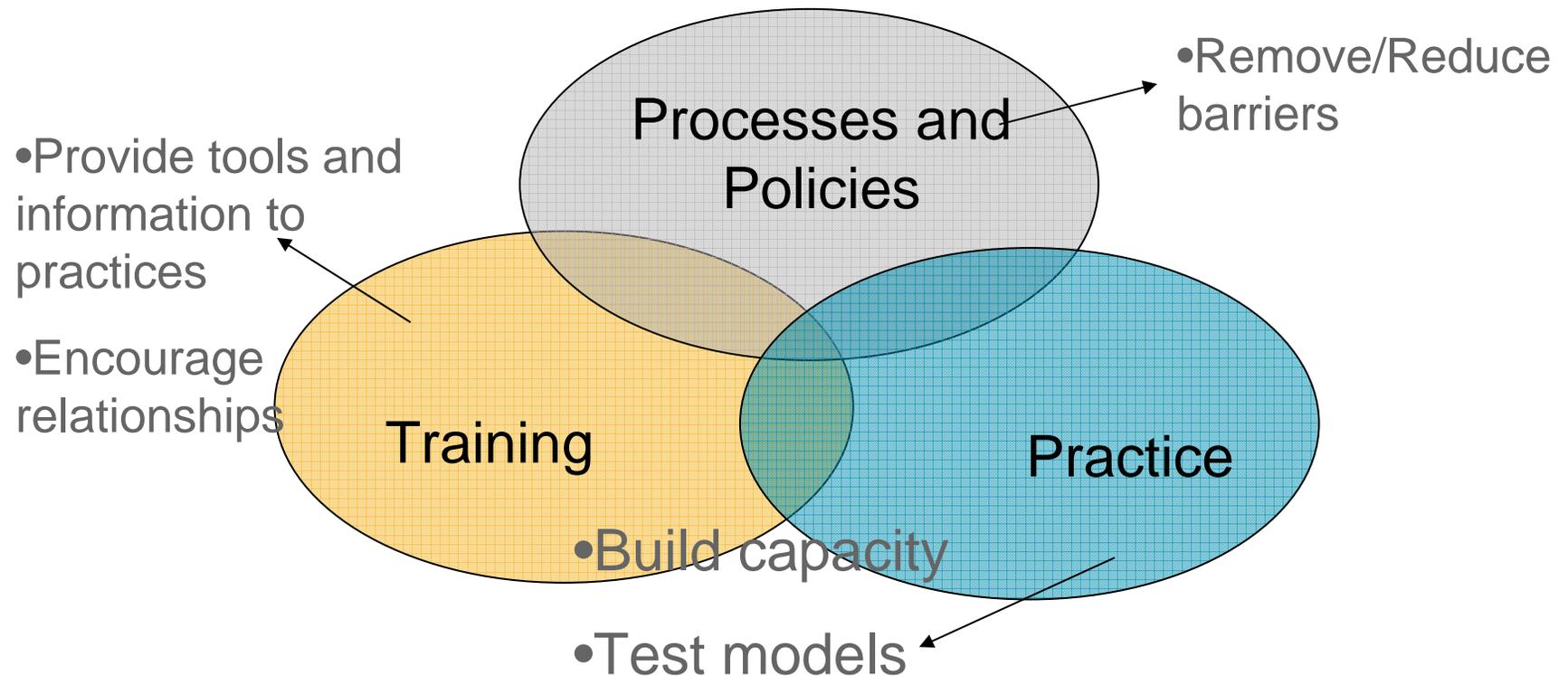
ICARE Partners

- Autism Society of North Carolina
- Duke Department of Psychiatry
- NC Area Health Education Centers
- NC Council of Community Programs
- NC Department of Health and Human Services
- DMA, Div of MH/DD/SAS
- ORHCC
- Blue Ridge Homes
- NC Medical Society

Partners (Continued)

- NC Psychological Association
- Wake Forest University Health Sciences
Department of Pediatrics
- NC NASW
- NC Hospital Association
- National Alliance On Mental Illness- NC (NAMI)
- NC Nurses Association (NCNA)
- Governor's Institute on Alcohol and Substance
Abuse

The ICARE Partnership: Design



Process and Policy Change

- Purpose: To identify barriers that prevent integration and implement strategies to reduce or remove these barriers.
- Committee members include interdisciplinary and interagency representatives
- Meets monthly
- Develops ad hoc committees as needed

Training and Technical Assistance

- Educational opportunities for PCP and MH Providers
- On-site technical assistance for some practices
- Psychiatric Consultation for identified practices
- Other collaborations with state organizations such as the ORHCC, The Governor's Institute on Alcohol and substance abuse and regional AHECs

Training Opportunities

- **Offered throughout the state via a variety of formats:**
 - Centralized or statewide conferences
 - Regional programs
 - Web-based conferences
 - Online via a content management system
 - On-site provider training / technical assistance

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- Partnership contacts
- Practice models across the state
- Practice tools - screening tools/algorithms
- Training calendar/online courses
- News/job postings
- Research – ADL and bibliography
- User forums
- Links
- Resource Directory



Training and Curriculum Development

- For More Information Please Contact:

Stacie Peterson

Educational Program Specialist

Southern Regional AHEC

1601 Owen Dr.

Fayetteville, NC 28304

910-678-0138

speterson@mail.icarenc.org

Technical Assistance

- **The NCAFP coordinates practice-based educational programs for all employees in PCP**
- **Goals of educational content are:**
 - Meet the needs of the practices
 - Help implement tools that have been developed to assist primary care providers work with patients with mental health, substance abuse and developmental issues

Practice-Based Trainings

- For More Information on Trainings, Please Contact:
Tracie Hazelett
Technical Assistance and Provider Training Specialist
C/O NC Academy of Family Physicians
P.O. Box 10278
Raleigh, NC 27605
Phone: 919-833-2110
Email: thazelett@ncafp.com

Clinical Consultation Use of Psychiatry

- On site and telephone consultation
- Telepsychiatry
- Psychiatrists in PCP's
- PCP's in mental health setting
- Rapid Evaluation and Stabilization- Psychiatrist available for urgent referrals from PCP for diagnostic work up and care until return to PCP or referred psychiatrist

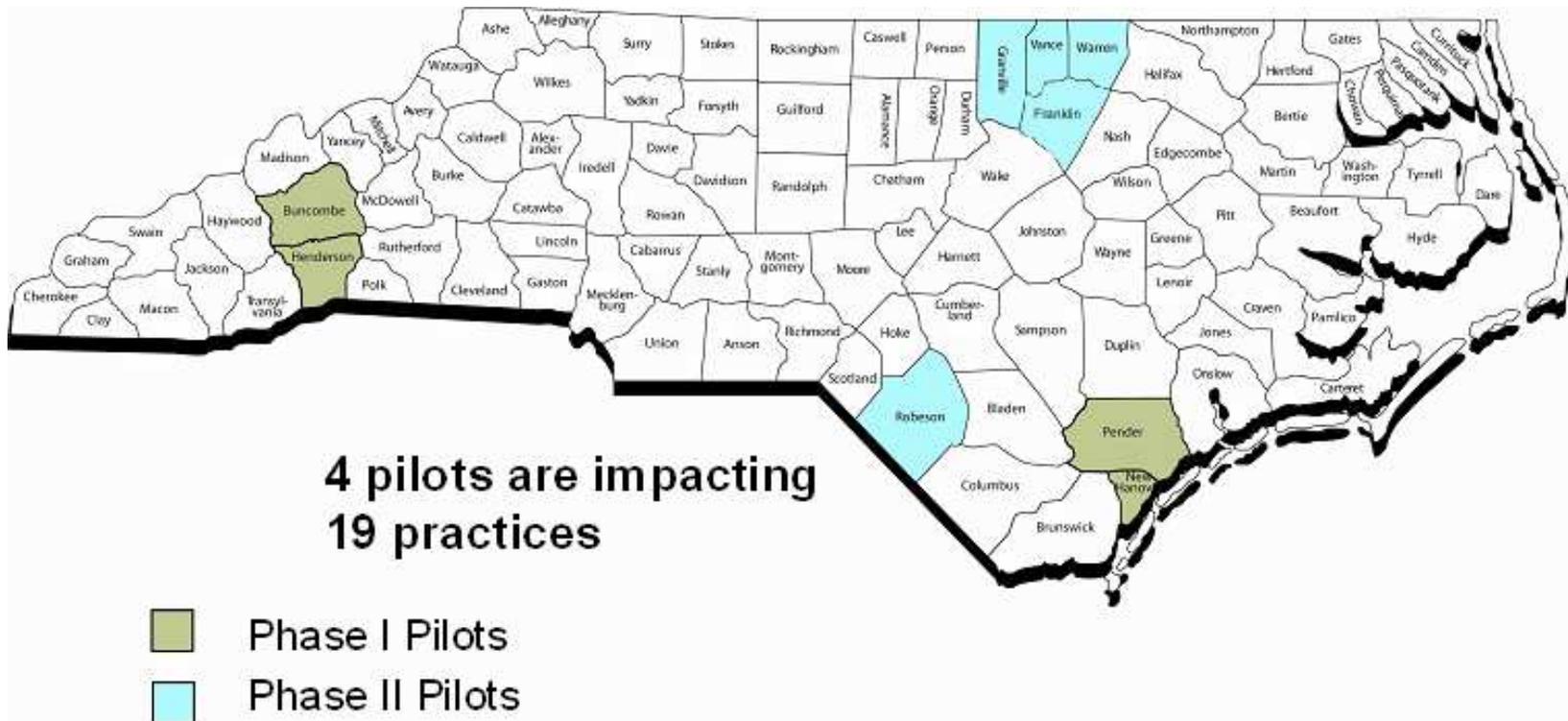
Clinical Consultation

- For More Information Contact:
Karen French
Clinical Consultation Specialist
NC Psychiatric Association
4917 Waters Edge Dr. Suite 250
Raleigh, NC 27606
919-459-0753
kfrench@ncpsychiatry.org

Local Model Development

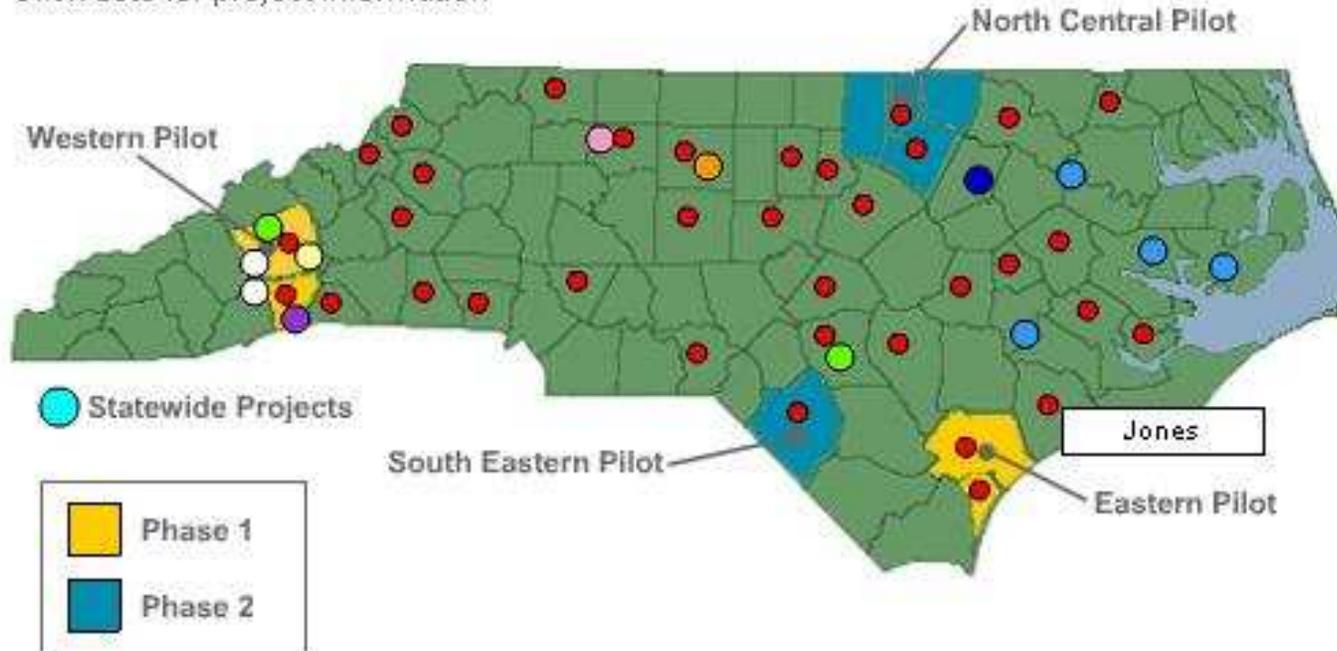
- Four areas of the state
- Different approaches
- 19 practices
- One pilot site coordinator
- Two years
- Evaluation
- New funding for 3 Eastern sites beginning January 2009- designed for SA screening, treatment, referral

The Local Model Development Project

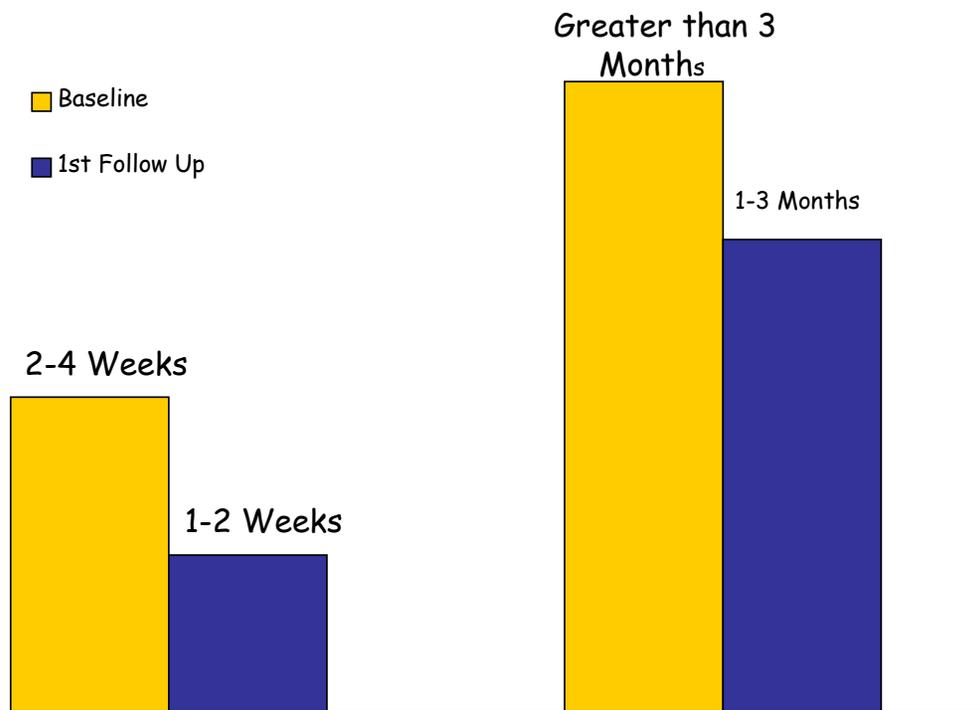


NC Integrated Care Projects

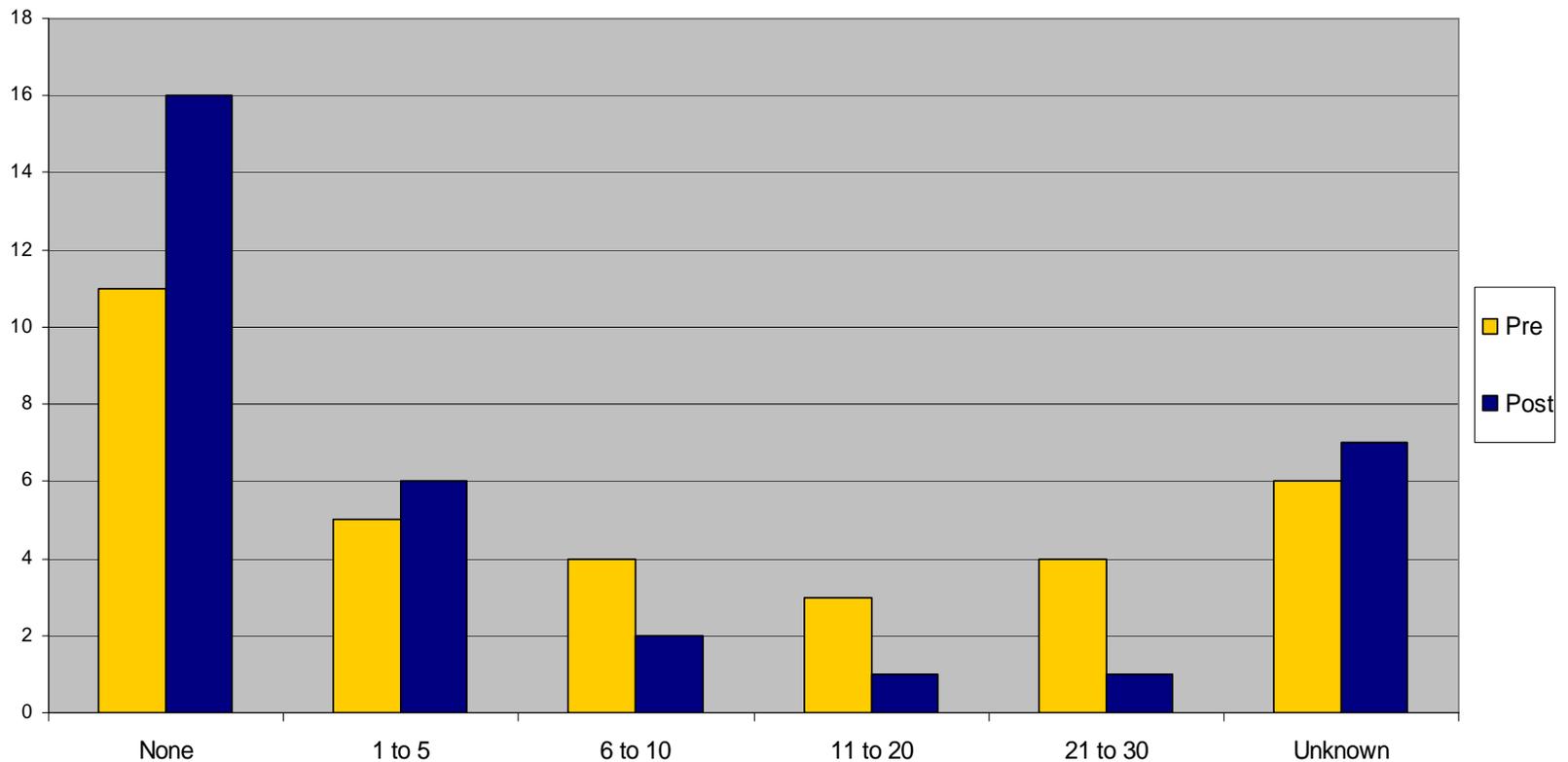
Click dots for project information



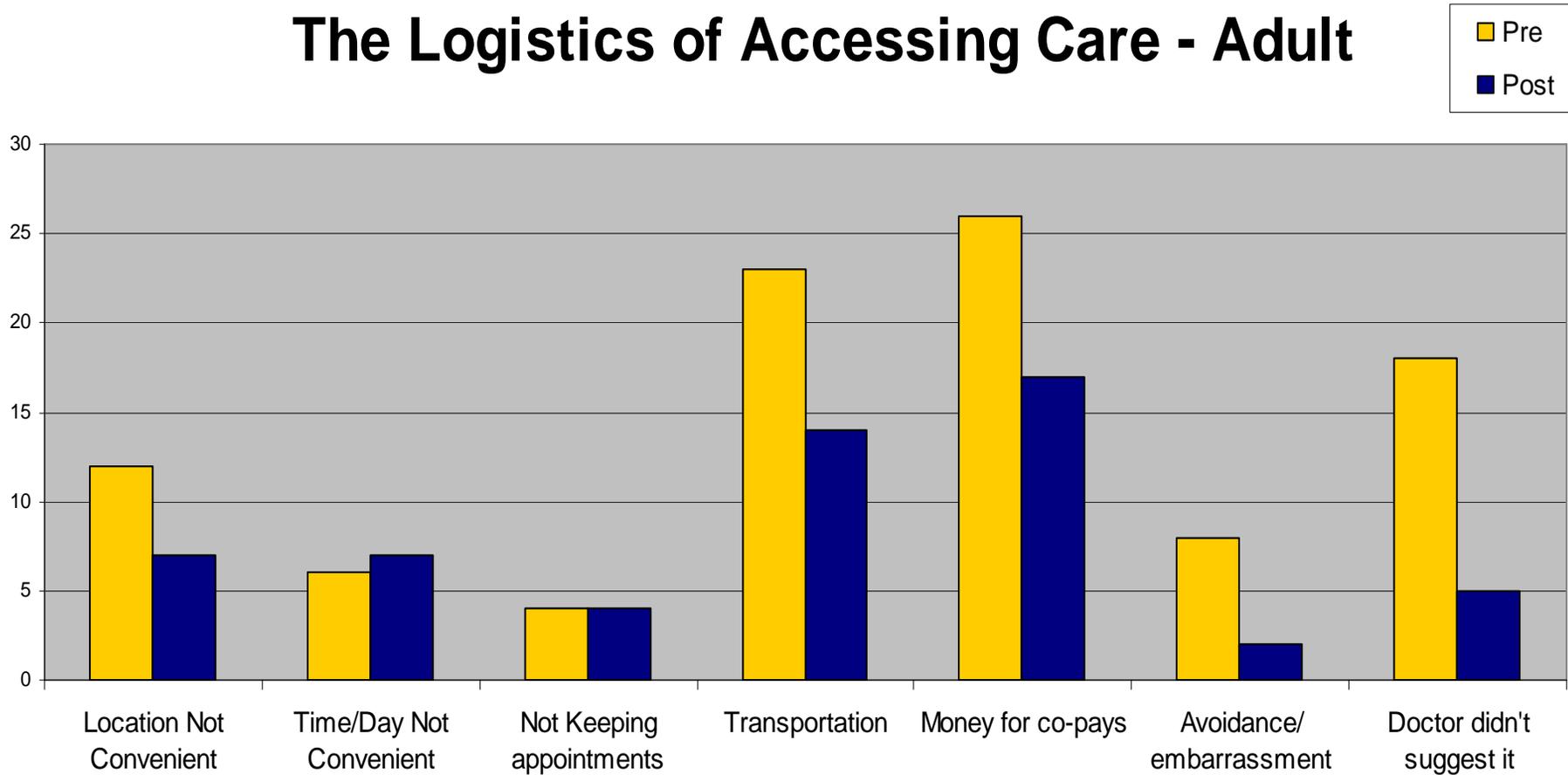
Time Between PCP Referral and Specialty Mental Health Visit Outside of the Primary Care Practice - Baseline to 1st Follow Up



Days Unable to Complete Usual Activities - Child



The Logistics of Accessing Care - Adult



Local Model Development Coordinator

- For More Information Please Contact:
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