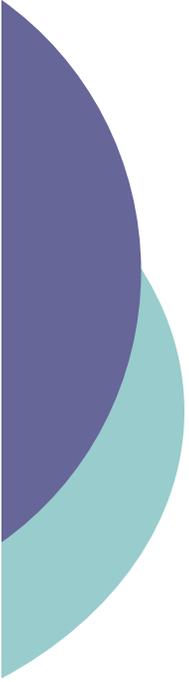


One Person at a Time.....

Cindy Ehlers, MS, LPC

Patte Whitfield, MS, OTR/L



Overview -

- Snapshot of ECBH
- Overview of the Initiative
- Partnership with Providers
- Looking Deeper
 - Getting to Know the Needs of the Person and Their Family
 - Self Determination
 - Advocacy
 - Staff Training and Supervision
- Christopher's Story

Overview of the ECBH

- *Consumer Driven Local Management Entity for nine counties in Eastern North Carolina- Bertie, Beaufort, Craven, Gates, Hertford, Jones, Northampton, Pamlico and Pitt*
- *Coordinate Access to Care for people who have mental health, developmental disabilities and substance abuse needs or concerns*
- *Manage public dollars for citizens of these counties to assure appropriate care is available*



Overview of Initiative

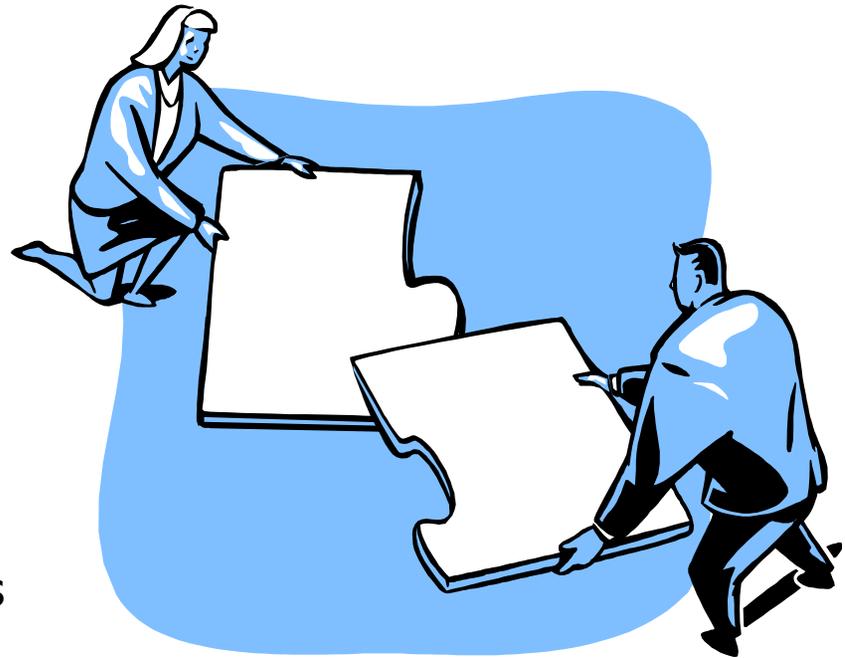
- People want to move out of the institutions and live in their communities
- People need unique supports to live where they want to live including many diverse housing options
- Funding needs to be flexible to support individualized and unique supports
- Thinking outside the box to deliver unique supports



Partnership with Providers

○ The Arc of NC

- Advocacy
- Fiscal Intermediary
 - Employer of Record
 - Self Determination
 - Flexible Funding
- Parent to Parent/Guardian Relations
- Developing Community Resources and Partners
- Professional Broker
- Guardianship



Partnership with Providers

○ Nurses Plus

- Direct Care Staff
 - Immediate Crisis Response
 - Back Up Staff
 - Supplemental Staff if needed for crisis
- Neighborhood Living Arrangements
- Community Integration



Looking Deeper

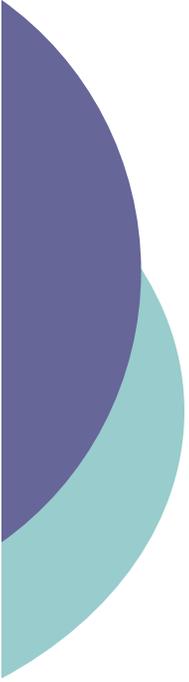


- Getting to Know the Needs of the Person and their family
- Self Determination
- Advocacy
- Staff Training and Supervision

The Toolbox

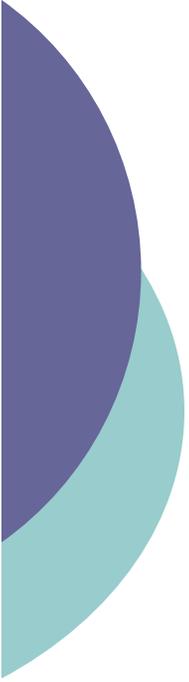


- Knowledge about what the system offers
- Knowledge about how services can and should be delivered
- Understanding of limitations of services and funding
- Ability to think outside the box and pursue flexible funding and self determination



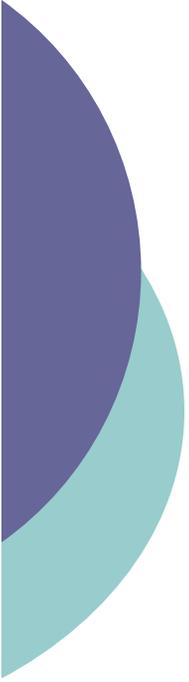
Christopher's Story

- 15 year old male
- Autism and Mental Retardation
- Explosive Behavior including property destruction and physical violence
- Single Mother, sister and Maternal Grandmother in natural home
- The services offered by the CAP MR/DD waiver were not utilized in a sufficient or appropriate manner for Christopher to remain at home
- Entered Caswell for respite and ended up transferring to the specialized Dewey Unit for an extended stay (more than 18 months)



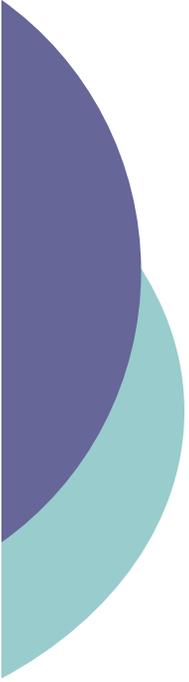
Self Determination

- Explore what happened that Christopher ended up at Caswell
- Discover what is needed to support Christopher at home
- Develop services to meet unique needs
- Identify provider to deliver unique services and blend funding streams
- Implement Christopher's new services to support success in the community



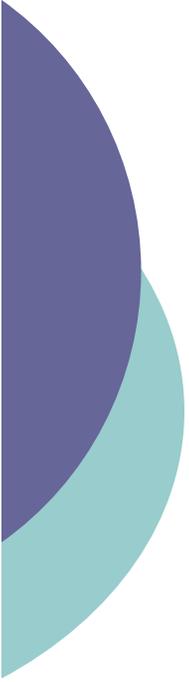
Advocacy

- Christopher was unable to have visits home due to Caswell staff fears about violence against family
- Christopher was on a restrictive diet and his family was told they were not “allowed” to bring food when they visited, despite the cultural importance of this occurring between Christopher and his mother
- Christopher was not in his community
- Christopher’s mom was convinced by institutional staff that she could not support her son at home and in October, 2007 the only discharge option the institution would entertain was a group home



Staff Training and Supervision

- Identify staff that are culturally competent
- Train staff on unique needs of Christopher and family
- Teach staff about Christopher's triggers and how to manage behaviors when triggered
- Supervise staff to ensure they are providing sufficient and appropriate services and support to Christopher and family system.
- Support Christopher and family through the transition by providing additional staff when needed
- Oversee transition process and maintain ongoing connection with team and family during and after transition is complete



Christopher's Story Today

- 17 years old
- Living at home with his family since discharge from Caswell Center in March, 2008
- Receiving adequate and appropriate supports and services in the community
- Attending public school



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