

# ***Services and Supports for Individuals with Developmental Disabilities***

**Institute of Medicine  
Task Force for Persons with Developmental Disabilities**

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## **Services and Supports for Individuals with Developmental Disabilities**

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- ***Who are we serving?***

\*Children and adults with a developmental disability living:

- at home with their family
- in alternative family living arrangements
- in a group living settings
- in their own homes (adults only)
- in a community or state-operated ICF-MR

## **Services and Supports for Individuals with Developmental Disabilities**

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- *What services and supports are available to individuals with developmental disabilities?*

**\*Medicaid Covered Services**

**\*Non-Medicaid/State Funded Services**

\*The services that a person receives depends on their needs as determined in the person centered planning process. Services provided are individualized to the each person.

## **Services and Supports for Individuals with Developmental Disabilities**

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- ***What services are available to address the needs of individuals with developmental disabilities?***

\*Medicaid Services Available to Individuals with Developmental Disabilities:

- Community based ICF-MR facilities
- State operated ICF-MR Developmental Centers
- Targeted Case Management
- CAP-MR/DD Waiver Services-*Individuals must meet the ICF-MR level of care*

# ***Community Based Services***

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## **\*Targeted Case Management**

- Coordinate needed assessments and provider referrals.
- Completes the Person Centered Plan with the individual and their family, being sure to address the preferences of the person and the issues identified during assessment.

# ***Community Based Services***

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## **\*Targeted Case Management**

- Locate services and supports to meet the needs of the individual such as:
  - Identify medical service providers (doctor/dentist/specialists)
  - Assist the family fill out an application for benefits
  - Identify potential service provider agencies
  - Locate activities of interest for the person
  - Coordinate services when the person is receiving services from a number of different provider agencies
  - Monitor services and supports to ensure they are delivered as indicated in the Person Centered Plan.

# ***Community Based Services***

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## **\*CAP-MR/DD Waiver Services**

- Community Alternatives Program for Individuals with Mental Retardation or other Developmental Disability. (CAP-MR/DD)
- Offers specific services that promote community living and thereby avoid institutionalization.
- Waiver services compliment and/or supplement services available through the Medicaid state plan and other state, local and federal programs.

## ***Community Based Services***

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### **\* CAP-MR/DD Waiver Services**

-Individuals considered for CAP-MR/DD funding must meet the same level of care that is provided in an ICF-MR facility.

-Provides services and supports that enable individuals to remain in the community

-Cost effective alternative to living in an ICF-MR facility.

# ***CAP-MR/DD Waiver Services***

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## ***Services Where People Live***

- ***Home Supports (NEW)***
  - ***For adult participants***
  - ***Delivered by family members who reside with the participant***
  - ***Blend of habilitation and personal care***
  - ***Daily (per diem) Service/Rate***
  - ***Similar to Residential Supports***
  - ***Levels I, II, III, IV and V***

## ***CAP-MR/DD Waiver Services***

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### ***Services Where People Live***

- **Home and Community Supports (HCS)**
  - Designed for individuals living in their own home or family's home.
  - Provides habilitation, support, supervision and monitoring.

## ***CAP-MR/DD Waiver Services***

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### ***Services Where People Live***

- **Personal Care Services**

- Includes support, supervision and assisting the individual with bathing, dressing, personal hygiene and other activities of daily living.
- May include assistance with preparation of meals and housekeeping chores.
- Monitoring of health status

# ***CAP-MR/DD Waiver Services***

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## ***Services Where People Live***

- **Residential Supports**

- Meets the habilitation, training and personal care needs of individuals that live in licensed settings such as group homes, or in unlicensed alternative family living homes.

- Assists the person in skill building as well as support and supervision in the areas of daily living, social skills, and community living activities.

## ***CAP-MR/DD Waiver Services***

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### ***Services Where People Work/Day Activities***

- **Supported Employment**
  - Pre-job training/education and development activities
  - To prepare a participant to engage in meaningful work-related activities

## ***CAP-MR/DD Waiver Services***

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### ***Services Where People Work/Day Activities***

- **Long Term Vocational Support (NEW)**
  - Provides periodic support to individuals
    - Who have successfully obtained a competitive job
    - No longer need Supported Employment
    - Who need occasional monitoring and support

## ***CAP-MR/DD Waiver Services***

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### ***Services Where People Work/Day Activities***

- **Day Supports**
  - Assist with acquisition, retention, or improvement in self-help, socialization and adaptive skills
  - Originates in a licensed day facility

## ***CAP-MR/DD Waiver Services***

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### ***Services Where People Work/Day Activities***

- **Adult Day Health**

- For adults who are aged, disabled and need a structured day program of activities and services during the day with nursing supervision.
- Provided in an adult day health care facility

## ***CAP-MR/DD Waiver Services***

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### ***Services That Support Caregivers***

- **Respite Services-(Includes Enhanced Level and Nursing Level)**
  - Provides periodic relief for the family or primary caregiver.
  - Provides opportunity for the primary caregiver to take a needed rest, run errands, or participate in activities that they do not typically have the time or ability to do.

# ***CAP-MR/DD Waiver Services***

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## ***Services That Support Caregivers***

- **Individual/Caregiver Training and Education**
  - Includes training and counseling for the individual and family members in the following areas:
    - orientation regarding the nature and impact of the developmental disability upon the individual/family.
    - education and training on strategies to use in working with their family member.
    - training on use of specialized equipment and supplies.
    - includes conference registration, and enrollment fees for classes.

# ***CAP-MR/DD Waiver Services***

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## ***Services That Support Caregivers***

- **Specialized Consultative Services**

- Provides expertise, training, and technical assistance in a specialty area such as behavioral analysis, therapeutic recreation, speech therapy.
- Family members and other paid/unpaid caregivers are trained by a licensed professional to carry out therapeutic interventions.
- Example- family learns how to carry out physical therapy exercises.

## ***CAP-MR/DD Waiver Services***

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### ***Services For Crisis Situations***

- Crisis Services
  - Provides one additional staff person for the individual, as needed, during an acute crisis situation to support the individual to continue to participate in his/her daily routine and/or residential setting without interruption.

# ***CAP-MR/DD Waiver Services***

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## ***Services For Crisis Situations***

- **Crisis Respite (NEW)**
  - A short term service designed for the individual experiencing a crisis for which a period of structured support and/or programming is required.
  - The service may be used only when the implementation of Crisis Services has failed to result in stabilization of intense behaviors
  - Provided in a licensed facility

## ***CAP-MR/DD Waiver Services***

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### ***Services For Crisis Situations***

- **Behavioral Consultant (NEW)**
  - The service is Habilitative in nature, and intended to assist the individual in acquiring and maintaining the skills necessary to live in their communities and avoid institutional placement.
  - The definition is being revised and will be posted for public comment.

# ***CAP-MR/DD Waiver Services***

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## ***Services That Provide Additional Supports***

- **Augmentative Communication**

- When normal speech is non-functional and/or when physical impairments make a gestural system impossible, provides for an aided system or device.
- May be as simple as a hand made communication board with pictures or a computer system.

## ***CAP-MR/DD Waiver Services***

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### ***Services That Provide Additional Supports***

- **Home Modifications**

- Includes equipment and physical adaptations to the individuals' home to enable the person to function with greater independence in the home.
- Includes items such as ramps, grab bars, widening of doorways, modification of bathrooms, and alarm systems.

# ***CAP-MR/DD Waiver Services***

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## ***Services That Provide Additional Supports***

### **Specialized Equipment and Supplies**

- Includes a variety of items that helps the person to be able to be more independent such as:
  - positioning chairs;
  - specialized wheelchairs;
  - adapted eating utensils.

# ***CAP-MR/DD Waiver Services***

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## ***Services That Provide Additional Supports***

- **Transportation**
  - Provides some transportation so the individual may access community resources or activities.
- **Vehicle Adaptations**
  - Includes adaptations such as alterations to vans so the person may be transported safely, devices for securing wheelchairs and seating modifications.

## ***CAP-MR/DD Waiver Services***

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### ***Services That Provide Additional Supports***

- ***Personal Emergency Response System***
  - An electronic device to assist individuals with securing help in an emergency.
  - The system is connected to the individuals' home telephone and programmed to signal the 911 system.

## ***State Funded Services***

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### **\*Who is eligible to receive these services?**

- Available to individuals who are ineligible for Medicaid and are not CAP recipients.

- Available to individuals who receive Medicaid but are not CAP recipients.

- Some state funded services are available to individuals who are CAP recipients to pay for things the waiver doesn't cover, such as room and board in a group home.

## ***State Funded Services***

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- **DD Targeted Case Management**
  - Similar to the Medicaid service, only authorized for individuals not eligible for Medicaid
- **Comprehensive Clinical Assessment**
  - Similar to the Medicaid service, only authorized for individuals not eligible for Medicaid

## ***State Funded Services***

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- **Respite**

- Similar to the waiver service, only authorized for non-Medicaid eligible individuals or Medicaid eligible people who are not receiving waiver services.

- **Personal Care**

- Similar to the Medicaid service, only authorized for individuals not eligible for Medicaid.

## ***State Funded Services***

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- **Supported Employment**
  - Similar to the waiver service, only authorized for individuals non-Medicaid eligible or individuals eligible for Medicaid but are not receiving waiver services.

## ***State Funded Services***

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- **Long-Term Support:**
  - Provides ongoing sustained supports and training on the job to insure continued successful employment once the person has received initial job training and short term coaching provided under Supported Employment.
  - Only available for individuals not Medicaid eligible or individuals eligible for Medicaid but not receiving waiver services.

# ***State Funded Services***

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- **Residential Services** *(may be authorized in particular circumstances for all individuals with DD, including those receiving services through the waiver.)*

## **\*Family Living-Low:**

- Provides family style supervision and monitoring of daily activities in an alternative family setting.
- Includes room and board.
- Services that provide skill building are billed as separate services.

## **\*Family Living-Moderate/High**

- Provides more intense level of support by trained substitute parents.
- Includes therapeutic homes, professional parenting, specialized foster care.

## ***State Funded Services***

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- **Supervised Living-Low**
  - Typically provided in apartment settings; non-licensed.
  - Includes room and periodic support.
  - May receive other services separately; i.e. SE.
- **Supervised Living-Moderate**
  - Typically provided in apartment setting and includes room and periodic support.
  - Includes more intense frequency of supervision.
  - Includes assistance in daily living skills, supportive counseling, and monitoring.

## ***State Funded Services***

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- **Supervised Living-Levels I-VI**
  - Residential service which includes room and support care for individuals in a setting that varies from one to six individuals in a residence.
  - Training, counseling and various levels of supervision are provided as needed by a maximum of three staff.
  - Other services, such as Supported Employment are provided/billed separately

## ***State Funded Services***

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- **Group Living-Low:**

- Care, including room and board, provided in a group setting of five or more individuals.

- Supervision, home living skills and leisure time activities are included.

## ***State Funded Services***

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- **Group Living-Moderate**
  - Includes greater degree of supervision and intervention for the individuals due to the degree of their dependence or severity of disability.
  - Supervision, home living skills and leisure time activities are included.

## ***State Funded Services***

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- **Group Living-High**

- Includes significant amount of individualized programming.

- Individuals who receive this service have significant disabilities

## ***State Funded Services***

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- **Adult Day Vocational Program (ADVP)**
  - Provides organized developmental skill building activities for individuals with DD including prevocational activities.
  - One staff to 10 or fewer individuals

## ***State Funded Services***

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- **Developmental Therapy**

- Designed to provide skill building in areas of practical skills needed for everyday life.

- For children it may include training in self-help, language, and learning development.

- For adults training includes training in social skills, mobility, independent living, and self-care.

- For non-Medicaid or Medicaid, non-waiver participants.

# Thank you!

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- [www.ncdhhs.gov/mhddsas/](http://www.ncdhhs.gov/mhddsas/)
- Questions???