icare.
PARTNERSHIP
mind and body - together™

ICARE Overview

NC Institute of Medicine
Raleigh, NC
Sally Smith, RN, LCSW

August 9, 2007

© 2007 ICARE Partnership

icare.
PARTNERSHIP
mind and body - together™

The ICARE Partnership Vision

- **I**ntegrated
- **C**ollaborative
- **A**ccessible
- **R**espectful
- **E**vidence-based

© 2007 ICARE Partnership

icare.
PARTNERSHIP
mind and body - together™

The ICARE Partnership: Objectives

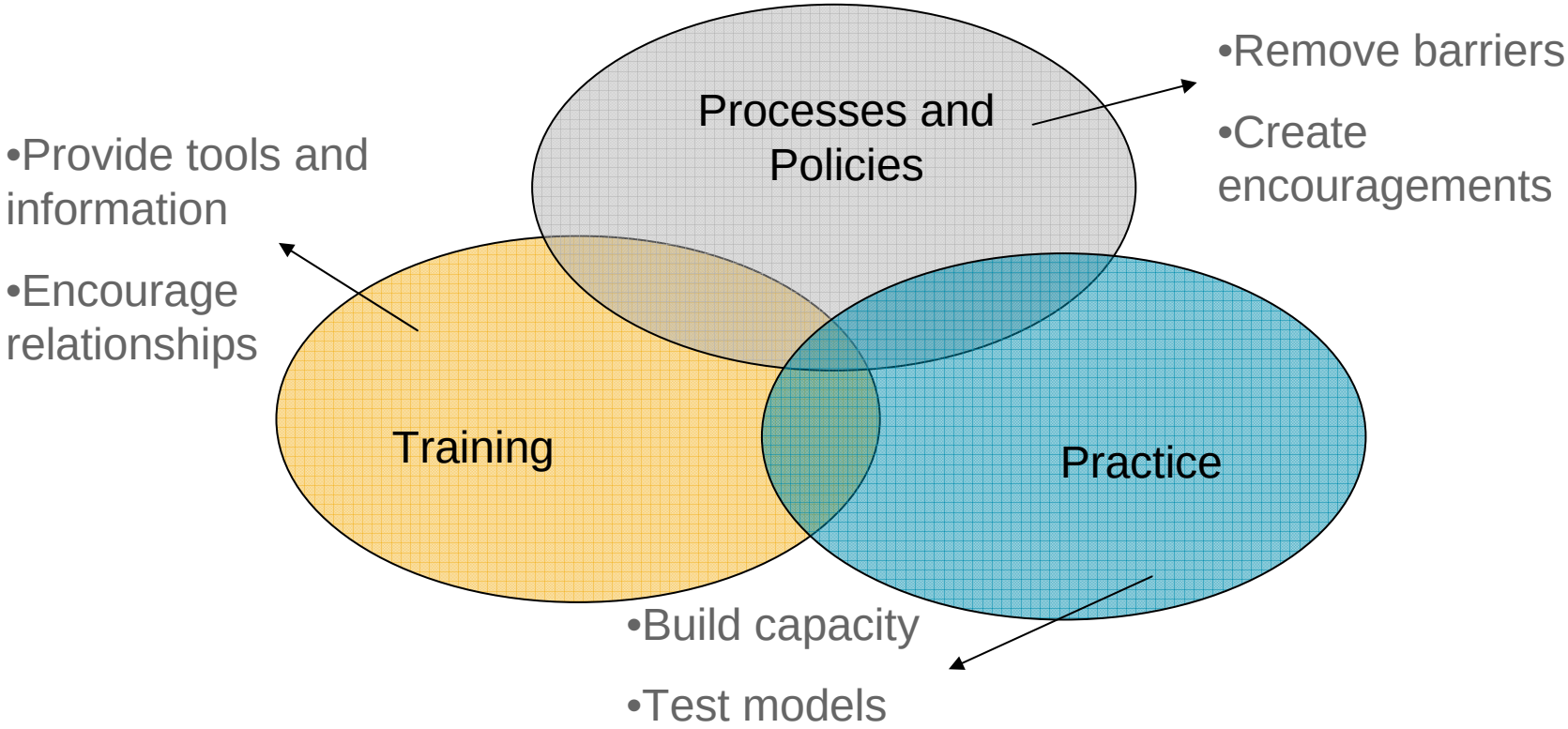
To improve patient outcomes by:

- Increasing collaboration and communication between PC and MH/DD/SAS providers
- Increasing the capacity of PCPs to provide appropriate, evidence-based behavioral health services to their patients and the capacity of MH/DD/SAS providers to screen and refer for physical illness

© 2007 ICARE Partnership

icare. PARTNERSHIP
mind and body - together™

The ICARE Partnership: Design



© 2007 ICARE Partnership

icare. PARTNERSHIP
mind and body - together™

Practice: Local Model Development Project

- Phase I Pilot Sites
  - Buncombe-Henderson Counties (Western)-SPMI Population
  - New Hanover-Pender Counties (Eastern)-Co-location with psychiatrists
- Phase II Pilot Sites
  - Four County (North central)- Substance Abuse
  - Robeson County (Southeastern)-Crisis management

© 2007 ICARE Partnership

icare. PARTNERSHIP
mind and body - together™

Training: Statewide Education and Assistance Project

- Training and Technical Assistance
  - Centralized, regional, office, and web-based
  - Several programs offered to date, website launched
  - Collaborating with ORHCC and other agencies
- Clinical Consultation

© 2007 ICARE Partnership

icare.
PARTNERSHIP
mind and body - together™

mind | body

ABOUT ICARE | CONTACT US

- Home
- About ICARE
- Why Integrated Care?
- Practice Models
- Practice Tools
- News
- Calendar
- Education
- Research
- Links
- User Forum
- Job Postings
- Site Policies
- Search
- Contact Us

POLL

Are you part of a co-located practice (primary care and MH/DD/SAS providers practicing together)?

- Yes, both provider types are available to patients fulltime
- Yes, my practice has fulltime primary care

The ICARE Partnership

Discovering new ways to improve North Carolinian's total well-being through more frequent, productive, and efficient collaboration among primary care providers and providers of mental health, developmental disability, and substance abuse services.

Welcome to the ICARE Partnership Website

Integrated care is an idea whose time has come.

As evidence grows about the complex interrelationships between mind and body, it is clear that the artificial divisions that have fragmented healthcare delivery are no longer relevant. In order to provide high-quality care, we must create strong partnerships that allow for collaborative practice.

This website is a resource for health care providers who are exploring or already committed to integrated care. We hope that these pages will provide practical information and some inspiration too. As our site grows, we invite you to explore the

"Integrating physical and mental health care will ultimately provide every patient a true medical home, where they can receive high quality care for all their health care needs."

Michelle F. Jones, MD
NCAFP President

PROVIDER RESOURCES

Click the map for a list of provider resources by county. New interactive map added on 7/19/07.

NEWS

ICARE Project Receives Funding from Duke Endowment

The Duke Endowment has awarded the ICARE Partnership

icare. PARTNERSHIP
mind and body - together™

Process and Policy: Process and Policy Change

- Targets high-priority issues in four areas
  - Workforce
  - Practice Culture
  - Training and Education
  - Administration

© 2007 ICARE Partnership

icare.
PARTNERSHIP
mind and body - together™

ICARE Advisory Partners

- Autism Society of North Carolina
- Duke Department of Psychiatry
- NC Academy of Family Physicians
- NC Area Health Education Centers
- NC Council of Community Programs
- NC Department of Health and Human Services
- DMA, Div of MH/DD/SAS
- ORHCC

© 2007 ICARE Partnership

icare. PARTNERSHIP
mind and body - together™

ICARE Advisory Partners (cont.)

- NC Foundation for Advanced Health Programs
- NC Pediatric Society
- NC Psychiatric Association
- NC Psychological Association
- Wake Forest University Health Sciences Department of Pediatrics
- NC NASW
- NC Hospital Association

© 2007 ICARE Partnership

icare. PARTNERSHIP
mind and body - together™

ICARE Collaborative Partners

- Process and Policy Change Taskforce – Additional Partners
  - National Alliance on Mental Illness - NC (NAMI – NC)
  - NC School Psychology Association
  - North Carolina Nurses Association (NCNA)
  - Blue Ridge Homes
  - Governors Institute on Alcohol and Substance Abuse

© 2007 ICARE Partnership

icare.
PARTNERSHIP
mind and body - together™

ICARE Funding Partners

- $2.2 Million Committed to Date
  - The Duke Endowment
  - The Kate B. Reynolds Charitable Trust
  - AstraZeneca
  - North Carolina Area Health Education Centers
  - North Carolina Department of Health and Human Services
  - The North Carolina Foundation for Advanced Health Programs

© 2007 ICARE Partnership

icare. PARTNERSHIP
mind and body - together™

Measuring Success

- Increased collaboration and communication
  - Post-training surveys
  - Surveys of pilot site providers
  - Post-initiative focus groups

© 2007 ICARE Partnership

icare. PARTNERSHIP
mind and body - together™

Measuring Success

- Increased capacity
  - Post-initiative survey of participating providers
  - Process measures of model implementation
  - Descriptive data of process and policy changes
  - Post-initiative focus groups

© 2007 ICARE Partnership

icare.
PARTNERSHIP
mind and body - together™

"Whatever you can do or dream you can, begin it. Boldness has genius, power and magic in it.

Begin it now."

Goethe

www.icarenc.org

© 2007 ICARE Partnership