

# Adolescent Parenting Program (APP)

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**OVERVIEW** The Adolescent Parenting Program (APP) is a program of services for adolescents 17 years of age or younger who are either parenting for the first time or are pregnant. APP's goals are to help prevent second pregnancies, and to complete their secondary education or obtain their GED. The program also provides teens with the education and skills training to become better parents. The program is currently available in 30 counties.

**BENEFITS/  
SERVICES** Participants in the adolescent parenting program receive individualized casework services, referrals to other agencies, education, family planning and parenting classes. In addition, teens are matched with a volunteer parent aide. The program includes monthly peer group meetings.

The program is available from 30 public and private agencies located across the state.

County	Agency
Alamance	Burlington City Schools
Anson	Anson County Partnership for Children
Burke	Department of Social Services
Caldwell	Department of Social Services
Chatham	Chatham County Health Department
Craven	Department of Social Services
Cumberland	Department of Social Services
Durham	Department of Social Services
Edgecombe	Department of Social Services
Forsyth	Catholic Social Services
Franklin	Department of Social Services
Gaston	Department of Social Services
Greene	Greene County Health Care
Guilford	YWCA of High Point
Henderson	Department of Social Services
Hertford	Hertford-Gates District Health Department
Johnston	Department of Social Services
Lenoir	Young Women's Outreach Center
McDowell	McDowell County Schools
Mecklenburg	The Family Center
New Hanover	Planned Parenthood of the Capital and Coast
Onslow	Department of Social Services
Orange	Department of Social Services
Pender	Planned Parenthood of the Capital and Coast
Robeson	Robeson County Health Department
Stanly	Department of Social Services
Swain	Cherokee Family Services

<b>County</b>	<b>Agency</b>
Union	Department of Social Services
Vance	Vance County Child and Family Services
Wake	Wake County Exchange Club Center

**APPLICATIONS** There are no applications for the program. Children are referred to the program through schools, churches, health departments, Departments of Social Services or other agencies.

**ELIGIBILITY REQUIREMENTS** To be eligible for the program, the child must be 17 years old or younger, parenting their first child or pregnant, a resident of one of the 30 counties that offers an Adolescent Parenting Program, and receiving Medicaid. In most counties, the teens may continue to receive the services until they graduate from high school even if they lose Medicaid eligibility. However, in some counties, the teen may lose eligibility for this program if she is no longer receiving Medicaid. There is no fee for this program.

**NUMBERS SERVED** The program serves between 400-450 teens/year statewide.

**PRIORITIZATION SYSTEM** Most of the counties are able to serve all eligible teens, but some counties may have a waiting list to participate in the program.

**FINANCING** The program is financed by Medicaid funds. The federal government pays 50%, the state pays 35%, and the counties pay 15% of program costs (although counties can add additional funds to this program). The typical county-level program receives \$54,258.

**ADMINISTRATION** The program is administered on the federal level by the Health Care Financing Administration, US Department of Health and Human Services (which oversees the Medicaid program). The program is administered at the state level by the Women's Health Branch, Women's and Children's Health Section in the NC Department of Health and Human Services, and at the county level by various public and private agencies.

**SOURCES OF LAW**

Federal statute:	None
Federal regulations:	None
State statute:	Appropriations Act
State policy:	Family Services Manual, Vol. 1, Chapter 12

**FOR MORE  
INFORMATION**

Women's Health Branch  
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