

NC Dept. of Correction
Division of Prisons
Health Services
Mental Health Services

Laura A. Yates, MSW, LCSW
Social Work Program Director

Mental Health Senior Staff

- Director- Dr. John S. Carbone
- Director's Staff
 - Dr. John Monguillot, Western Region
 - Dr. Arne Newman, Eastern Region
 - Betty Gardner, RN, Quality Assurance Specialist
 - Laura A. Yates, MSW, LCSW, SWPD/ADAC

Mental Health Treatment Staff

- Psychiatrist
- Psychologist
- Social Worker
- Rehab Therapist
- Nurse
- Correctional Health Aides
- Medical Staff

Overview

- Mental Health services within the DOP begin at the Diagnostic Center. When an inmate is being processed into the prison system, he/she participates in a variety of interactions designed to evaluate that person's needs, strengths and issues related to care provision during incarceration.

Diagnosis & Treatment

- Once a person has completed processing at the diagnostic center, a determination is made as to the appropriate level of care indicated.
- Assignment to the units are based on those care designations.
- Additional factors include native language, medical needs and handicaps

Levels of Care

- Inpatient- Acute Care Hospitalization
- Residential Care
- Outpatient Mental Health Services
- Specialized Services

Inpatient- Acute Care

- Provided within an inpatient hospital setting similar to inpatient hospitalization in a State psychiatric hospital.
- Provided at Central Prison, Raleigh- for males
- Provided at North Carolina Correctional Institution for Women, Raleigh- for females

Residential Care

- Provided at regular population camps designated for residential care
- Provides a less intensive setting than inpatient hospitalization
- Provides a higher level of interaction with staff than an outpatient facility
- Encompasses mental health treatment with educational and vocational training

Outpatient Services

- Provided at all regular population prison units
- Equivalent to outpatient mental health treatment in the community
- Provides for monthly monitoring by a psychiatrist, psychologist, social worker and nurse

Specialized Services

- Day Training
- Horticultural Therapy
- Developmental Disability Case Management
- SOAR- Sexual Offenders Accountability and Responsibility
- Aftercare Planning
- American with Disabilities Act

Day Training

- Day training programs include educational and vocational as well as behavioral programs for inmates diagnosed with mental illness and/or mental retardation. Example of a day training program include the DD program at Pender Correctional Center.

Horticultural Therapy

- MI and MR inmates involved in horticultural therapy programs provide much of the landscaping- hard and soft- for many of our prison facilities. They also grow many of the vegetables and fruits served in the kitchens of the facilities.

Developmental Disability Case Management

- Inmates identified as Developmentally Disabled are tracked from entrance into the prison system past the time of release. Services include specialized DD case management with a trained and certified DD case manager, representation at disciplinary and custody hearings, and monthly sessions with behavioral goals as the focus.

SOAR

- SOAR is an intensive, residential educational program offered at Harnett Correctional Center for those inmates age 21 or older. In SOAR, the inmate is taught to take responsibility as well as accept accountability for their actions. Role playing, self-examinations, homework, individual and group therapy comprise this program.

Aftercare Planning

- Formal aftercare planning begins 90 days prior to the inmate's release. In this planning, the inmate and the social worker (along with other members of the treatment team) complete a living arrangement, mental health, medical, financial, educational, vocational and social plan which will transition that inmate back to the community.

Americans with Disabilities Act

- Health Services in DOP, through Social Work Services, provides reasonable accommodations for inmates identified as disabled and qualified for inclusion under the ADA
- DOP Social Workers participate in physical planning and facility of reviews of facilities to assure compliance in building specifications under ADA

Community Transition and Outreach

- Staff of Mental Health Services serve as members of community agency advisory boards, the NC Mental Health Planning Council, the NC DD Council, the Governor's Commission on Services to Returning Veterans, and other projects. Focus of these projects is transition, diversion and networking from "inside to outside."